## SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

# SAULT STE. MARIE, ONTARIO



## **COURSE OUTLINE**

COURSE TITLE:	The Skin and Skin Care Theory II				
CODE NO. :	EST 164		SEMESTER:	Winter	
PROGRAM:	Esthetician	Diploma Program			
AUTHOR:	Silvana Bassanello				
Date:	Jan. 2017	PREVIOUS OUTLIN	E DATED:	Jan 2016	
APPROVED:		"Martha Irwin"		Dec/16	
		CHAIR		DATE	
TOTAL CREDITS:	4				
PREREQUISITE(S):	EST 141, E	ST 142			
HOURS/WEEK:	4				
<b>Copyright © 2012 The Sault College of Applied Arts &amp; Technology</b> Reproduction of this document by any means, in whole or in part, without prior written permission of Sault College of Applied Arts & Technology is prohibited. For additional information, please contact Martha Irwin, Chair, Community Services and Interdisciplinary Studies (705) 759-2554, Ext. 2453					

#### I. COURSE DESCRIPTION:

This course is designed to provide students with more in depth knowledge of recognizing and treating common skin conditions associated with acne, and aging skin. Emphasis is placed on advanced condition specific treatment concepts for aging, acneic and sensitive skin conditions. Students will plan, and implement an information session for the College community which will educate the public about aspects of the esthetic industry in relation to health and wellness.

#### II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Analyze the benefits and contraindications associated with electrotherapy equipment including the Lucas spray, brushing machine, vacuum and spray unit, high frequency and galvanic treatments such as iontophoresis and desincrustation. As well as with advanced equipment such as microdermabrasion.

Potential Elements of the Performance:

- Identify skin types, their characteristics, treatment concepts and contraindications to treatment
- Identify skin conditions, their characteristics, treatment concepts and contraindications to treatments
- Determine modifications based on health history and client needs
- Recognize treatable skin conditions
- Demonstrate the safe and appropriate use of electrotherapy equipment for particular skin types and conditions
- Demonstrate proper sanitation, disinfection and sterilization methods for all equipment
- Determine maintenance requirements for equipment in compliance with health and safety requirements
- Maintain and store all instruments, materials, and supplies according to manufacturer's guidelines and as required by Algoma Public Health
- 2. Analyze the morphology and treatment concepts for aging, acneic and sensitive skin conditions.

Potential Elements of the Performance:

- Apply knowledge of the structure and composition of the skin
- Knowledge of advanced ingredient technology with the use of serums and other NatureMed products and make any modifications to treatments related to product ingredients based on health history
- Knowledge of NatureMed Skincare product line and advanced mask procedures and explain the benefits and effects of ingredients and products
- Promote the features and benefits of esthetic products and services to assist clients in determining an appropriate skin treatment based

on their lifestyle and personal preferences and needs

- Identify intrinsic and extrinsic factors contribute to aging, acneic and sensitive skin conditions and use this information to educate clients about an appropriate homecare regime based on client needs
- Identify contraindications to treatments and modify treatments to suit client needs and health history
- Identify electrotherapy procedures such as galvanic treatments, microdermabrasion, LED skin treatments and Kinelift, which will benefit these conditions
- Demonstrate appropriate sanitation and disinfection procedures as outlined by Algoma Public Health
- Store all supplies, equipment and materials appropriately as outlined by Algoma Public Health.
- Knowledge of safe and proper extraction procedures utilizing proper supplies such as gloves, gauze and astringent to disinfect the areas as well as safe disposal of all supplies.
- 3 Demonstrate the professional image and conduct necessary for success in the . field of esthetics.

Potential Elements of the Performance:

- Adhere to the Code of Ethics of the Esthetic industry
- Punctual and regular attendance
- Comply with Policies and Procedures regarding physical appearance and dress code
- Adhere to policies outlined in the Student Code of Conduct
- Demonstrate accountability for your own academic and professional growth
- Demonstrate effective interpersonal, verbal and non verbal communication skills with faculty, peers and clients
- 4 Plan and implement an informative presentation for the College Esthetic Fair.
- Potential Elements of the Performance:
  - Work as a team member to reach a common goal
  - Research and plan an informative information session about one aspect of esthetics which demonstrates health and wellness
  - Educate the community about the Spa at Sault College

### III. TOPICS:

- 1. Aging Skin, and Treatment Concepts
- 2. Acne and Treatment Concepts
- 3. Sensitive Skin and Treatment Concepts
- 4. The Spa at Sault College
- 5. The Esthetician Fair / Information Session

### IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Same as Semester One

#### V. EVALUATION PROCESS/GRADING SYSTEM:

Acne: Morphology and Treatment Theory Test20 marksAging Skin: Morphology and Treatment Theory Test20 marksResearch Assignment / Esthetic Fair60 marks

•	Written – plan first draft	10 marks
•	Written- plan final draft	10 marks

Esthetician Fair Presentation 30 marksPeer Participation Evaluation 10 marks

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	Definition	Grade Point <u>Equivalent</u>
A+ A	90 – 100% 80 – 89%	4.00
В	70 - 79%	3.00
С	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
Х	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	

W Student has withdrawn from the course without academic penalty.

**Note:** For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

#### VI. SPECIAL NOTES:

#### Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

#### VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal form part of this course outline.